



Re-opening YFL Guidelines

These guidelines are based upon the requirements and suggestions of the CDC, Federal, State, County, and City of Temecula, California, Phase 3 re-opening of gym (yoga) facilities.

PATRONS

1. Check your temperature before attending class.
2. Leave all personal items in your car (other than keys).
3. All shoes stay outside the studio.
4. Bring your own mat, water, towel, and props.
5. Payment will be by check, touchless debit or credit, or paypal/me online.
6. You **MUST PRE-REGISTER** for a class, via text or email, by 5 p.m. the evening before class. yogaforlife06@verizon.net
7. **EVERYONE MUST WEAR A MASK .**
8. If you have a fever, cough, or have been exposed to COVID 19...**STAY HOME!!!**
9. Clean your mat and props before attending class, and upon returning home.

YFL RESPONSIBILITIES

1. The studio will be cleaned daily, and the space will be sanitized between classes with a UV lamp.
2. Hand sanitizer will be provided upon entering class.
3. All mats will be spaced at least 6' apart (no more than 8 students, 1 teacher per class).
4. Office and Prop rooms are **CLOSED** to students.
5. YFL will closely monitor class safety, and the following of guidelines.
6. Deb will receive and assign registrants an attendance # (1-8) for each class. Registrants must email or text for a class spot the day before, no later than 5 p.m. yogaforlife06@verizon.net (email for Deb's cell#, if you prefer to text your registration).
7. If you register, and don't attend, you will be charged for the class.

Namaste', Deb Potts